

BALNAGOWAN TRIATHLON - 2013

JOHN COOK BRIDGE, PLEYSTOWE

20th October, 2013



RESULTS

ENTICER DISTANCE - 350m Swim, 10km Cycle & 2.5km Run

Overall Position	Category Position	First Name	Surname	Race Time
1	1	JBH	JBH	39.47
2	1	Zoe	Breitkreutz	44.22
3	1	Michael	Meighan	44.57
4	2	John	Ashton	45.24
5	2	Amelia	Brammer	45.52
6	3	Nicole	Frisby	46.58
7	4	Jessica	Healy	48.09
8	3	Kerien	Peter	48.43
9	4	Darcy	Webb Smith	49.39
10	5	Mitchel	Black	51.14
11	5	Sophie	Webb Smith	53.49
12	6	Suzannah	Padgett	55.11
13	7	Rylea	Giles	56.54
14	8	Louise	Corry	57.03
15	9	Emma	Jackson	1.00.26
16	10	Carol	Jackson	1.00.27
17	11	Amy	Jackson	1.00.28
18	12	Vicki	Robinson	1.01.11

SPRINT DISTANCE - 700m Swim, 20km Cycle & 5km Run (2 lap course)

Overall Position	Category Position	First Name	Surname	Race Time
1	1	Jack	Simpson	1.09.14
2	2	Niall	Ivory	1.11.00
3	3	Daren	Galea	1.11.23
4	4	Evan	Corry	1.13.35
5	5	Brendan	Camilleri	1.14.17
6	6	Lee	Taylor	1.15.35
7	7	Corey	Duncan	1.16.11
8	8	Noel	Barnett	1.18.46
9	9	Derek	Wood	1.19.39
10	10	Fowke	Frisby	1.19.41
11	11	James	Leonard	1.19.42
12	12	Bill	Robinson	1.20.12
13	13	Drew	Mallet	1.20.20
14	1	Mky SHS Boys	0	1.20.21
15	14	David	Wilson	1.20.38
16	15	Simon	Wilson	1.22.10
17	1	Nikki	Giles	1.23.17
18	2	Samantha	Johnson	1.23.31
19	16	Stephen	Bailey	1.24.25
20	17	Peter	Loveday	1.26.22
21	3	Karlee	Hayden	1.27.01
22	2	Eastern Swans	0	1.27.23
23	18	Adam	Walker	1.27.40
24	19	Jackie	Tan	1.29.44
25	4	Jackie	Black	1.30.23
26	3	Mky SHS Girls	0	1.31.05
27	5	Chris	Webb	1.31.31
28	6	Shelly	Karcz	1.31.47
29	20	Rory	Albert	1.38.42
30	7	Melissa	Harris	1.39.29
31	8	Tanya	Bailey	1.40.38
32	9	Judi	Cavanagh	1.40.55
33	10	Natalie	Lewiston	1.44.48
34	21	Jarryd	Sisley	1.44.48

MACKAY TRIATHLON CLUB

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