

BALNAGOWAN TRIATHLON - 2014

JOHN COOK BRIDGE - PLEYSTOWE

12th OCTOBER 2014

**RESULTS****ENTICER DISTANCE - 350m Swim, 10km Cycle & 2.5km Run**

Overall Position	Category Position	First Name	Surname	Swim Split	Cycle Split	Run Split	Race Time
1	1	Gavin	Springorum	0:06:25	0:21:24	0:13:01	0:40:50
2	2	Flynn	Wilson	0:05:21	0:22:41	0:12:55	0:40:57
3	1	Rosemary	Nilsson	0:07:21	0:23:05	0:15:07	0:45:33
4	2	Tracy	Perfremment	0:08:14	0:23:16	0:14:32	0:46:02
5	3	Garry	Bartlett	0:09:30	0:24:56	0:12:39	0:47:05
6	3	Dionne	Penny	0:06:53	0:25:55	0:14:21	0:47:09
7	4	Jennifer	Furini	0:07:15	0:25:41	0:15:21	0:48:17
8	5	Sabine	De Groot	0:08:35	0:24:06	0:17:02	0:49:43
9	4	Jarryd	Sisley	0:07:24	0:23:27	0:19:19	0:50:10
10	6	Linda	Wetherall	0:07:42	0:27:29	0:15:10	0:50:21
11	7	Mackinley	Wilson	0:05:05	0:28:19	0:21:00	0:54:24
12	5	Michael	Wilson	0:05:05	0:22:48	0:26:31	0:54:24
13	6	Paul	Anderson	0:07:39	0:34:36	0:12:59	0:55:14
14	8	Jessica	Cotta	0:08:20	0:34:29	0:23:48	1:06:37

TEAM ENTICER DISTANCE - 350m Swim, 10km Cycle & 2.5km Run

Overall Position	Category Position	First Name	Surname	Swim Split	Cycle Split	Run Split	Race Time
1	1	T2		0:07:05	0:34:35	0:15:42	0:50:17

ENDURO - SPRINT DISTANCE - 750m, 20km Cycle & 5km Run

Overall Position	Category Position	First Name	Surname	Swim 1 Split	Cycle 1 Split	Run 1 Split	Swim 2 Split	Cycle 2 Split	Run 2 Split	Race Time
1	1	Ryan	Palazzi	0:03:59	0:16:51	0:09:53	0:06:11	0:16:53	0:10:06	1:03:53
2	2	Tim	Ffrost	0:04:00	0:17:52	0:11:12	0:06:01	0:18:29	0:11:12	1:08:46
3	3	Corey	Duncan	0:04:43	0:18:12	0:11:35	0:06:12	0:17:34	0:11:38	1:09:54
4	4	James	Leonard	0:04:48	0:17:46	0:11:36	0:07:04	0:18:34	0:11:37	1:11:25
5	5	James	Egan	0:04:39	0:18:26	0:11:52	0:06:41	0:18:38	0:12:04	1:12:20
6	6	Mark	McFadzen	0:06:07	0:17:42	0:11:37	0:08:03	0:17:53	0:11:38	1:13:00
7	7	Andrew	Pemson	0:05:16	0:19:08	0:11:34	0:06:59	0:19:13	0:11:16	1:13:26
8	8	Steve	Arnold	0:04:49	0:18:55	0:12:56	0:06:29	0:19:16	0:12:49	1:15:14
9	1	Nikki	Giles	0:06:01	0:19:09	0:11:37	0:08:43	0:18:07	0:11:55	1:15:32
10	9	Shaun	Brown	0:06:41	0:18:46	0:12:00	0:08:13	0:19:20	0:11:58	1:16:58
11	2	Dee	McMurtie	0:05:21	0:19:32	0:12:58	0:06:45	0:20:22	0:12:51	1:17:49
12	10	Derek	Woods	0:06:10	0:19:40	0:11:42	0:07:45	0:20:53	0:12:20	1:18:30
13	21	Chris	Laval	0:05:31	0:19:56	0:13:10	0:07:41	0:20:05	0:13:02	1:19:25
14	11	Brian	Gunton	0:06:43	0:18:37	0:12:59	0:09:01	0:13:34	0:18:48	1:19:42
15	12	Tyron	Edgar	0:04:54	0:21:32	0:11:46	0:06:45	0:22:47	0:12:21	1:20:05
16	13	Brendan	Keates	0:06:57	0:20:11	0:12:59	0:08:07	0:20:41	0:12:33	1:21:28
17	14	Steve	Rennie	0:05:04	0:20:26	0:13:36	0:07:49	0:21:17	0:13:40	1:21:52
18	15	Neil	Siddans	0:06:21	0:22:14	0:13:12	0:09:18	0:21:50	0:12:20	1:25:15
19	16	Ian	Homan	0:06:19	0:20:51	0:14:05	0:09:18	0:20:49	0:14:23	1:25:45
20	17	Shaun	Woods	0:05:32	0:21:59	0:13:53	0:08:12	0:22:58	0:15:24	1:27:58
21	18	Kieron	Place	0:06:59	0:20:46	0:14:41	0:10:04	0:21:20	0:14:10	1:28:00
22	3	Melissa	Harris	0:06:39	0:22:00	0:14:56	0:08:53	0:22:11	0:13:56	1:28:35
23	19	Justin	Watts	0:08:38	0:26:09	0:09:18	0:10:58	0:20:47	0:12:47	1:28:37
24	4	Anna	Ryan	0:06:49	0:24:35	0:13:17	0:09:32	0:25:20	0:13:46	1:33:19
25	5	Robyn	Richards	0:06:29	0:26:20	0:15:34	0:08:35	0:26:56	0:14:38	1:38:32
26	20	Clinton	Paul	0:09:09	0:24:57	0:17:59		1:27:30	0:11:03	1:38:33
27	22	Niall	Ivory	0:05:26	0:16:53	0:11:38	0:07:20	0:16:51	DNF	DNF

ENDURO - TEAM SPRINT DISTANCE - 750m, 20km Cycle & 5km Run

Overall Position	Category Position	First Name	Surname	Swim 1 Split	Cycle 1 Split	Run 1 Split	Swim 2 Split	Cycle 2 Split	Run 3 Split	Race Time
1	1	T1	Mackay Cycles	0:05:56	0:27:24	0:13:54	0:08:09	0:15:40	0:12:40	1:17:47
2	2	T3		0:06:01	0:27:57	0:12:28	0:08:05	0:21:38	0:12:44	1:22:52



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